



AESTHETICS
BY
SALLY

**Aftercare Advice
Fat Dissolving – Celluform**

Following Treatment:

- Massage the treated area for 2 minutes, 3 times a day for 2-3 weeks following treatment.
- Take paracetamol if required.
- Avoid ibuprofen.
- Avoid direct heat or severe cold.
- Do not apply cosmetics to the treated area for 12 hours.
- Avoid physical exercise for 4-5 days.
- Treatment can be repeated 6 weeks apart for the chin area or 2-4 weeks apart for areas of the body.
- For results you must maintain a healthy lifestyle with diet and exercise.

If you have any concerns please contact Sally via email:
Info@aestheticsbysally.com