



AESTHETICS
BY
SALLY

Aftercare Advice Dermal Fillers

Following Treatment:

- It is normal to experience some swelling, redness and bruising. If this does occur, you can apply arnica cream and cold compress. Please apply cold compress wrapped in a clean cloth, do not apply ice directly onto the skin.
- Avoid alcohol, heat and exercise until the areas have healed and settled.
- Keep the injected areas clean and avoid touching the areas for at least 6 hours.
- Do not apply make up for approximately 12 hours. When you do apply makeup, mineral based is recommended.
- If you can see or feel any lumps two weeks following treatment, please contact your practitioner who will advise further.
- Avoid facial massages and skin resurfacing treatments until the area has fully healed.

Lips:

- Lips will bruise and swell post treatment. They will feel hard and lumpy for the first 2 weeks, this is expected and normal. If you feel any lumps after 2 weeks please contact your practitioner.

- Any prolonged touching/biting/chewing of the lips is likely to cause the filler to migrate and create lumps and unevenness. This may result in needing further treatment with possible additional costs.
- If you have had a local nerve infiltration injection please do not consume any hot or cold drinks until your sensation has returned to normal. Take care whilst eating to avoid biting your lip.

Tear Trough:

- Strictly do not rub or massage under eye area for 2 weeks.

Top ups with filler will not be provided as part of your treatment. If you feel you need further treatment please book in for another appointment and this will be charged at the normal price.

If you have any concerns please contact Sally via email:
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