



AESTHETICS  
BY  
SALLY

**Aftercare Advice  
Fillmed Peel**

**Following Treatment:**

- Keep well hydrated with water following the peel.
- Avoid cleansing and applying makeup to the treated area for at least 5 hours following the peel.
- Continue with your normal skincare routine from the following morning.
- Retinol can be applied from the day after the peel, unless advised otherwise.
- SPF 30+ must be worn daily for the next 2 weeks and extra caution must be adhered to in the direct sun.
- Sunbeds must not be used for 6 weeks following the peel.
- For best results repeat treatment as advised and following ZO® Skin Healthcare protocols.

If you have any concerns please contact Sally via email:

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