

## Aftercare Advice Skinboosters

## **Following Treatment:**

- Immediately after treatment there may be slight redness, swelling, bruising, tenderness and an itching sensation in the treated area. These reactions are temporary and generally disappear in a few days. If it continues or if other reactions occur, please contact your practitioner.
- Avoid touching the treated area for 6 hours after the treatment.
- Until the initial swelling and redness have resolved, do not expose the treated area to intense heat (eg. solarium and sunbathing) or extreme cold.
- Avoid strenuous exercise and avoid alcohol for 24 hours after treatment.
- Apply SPF50 sunscreen and stay hydrated.
- Do not massage or manipulate the treated areas.
- For results complete the course of treatments.

If you have any concerns please contact Sally via email: <a href="mailto:lnfo@aestheticsbysally.com">lnfo@aestheticsbysally.com</a>